

HOW TO KEEP GOING AND GET IT DONE, NO MATTER WHAT

TWO VIOLENT MINDS; ONE GREAT EVENT

HOW TO KEEP GOING AND GET IT DONE, NO MATTER WHAT delivers corporations, charities or any other organization unparalleled insights into how to stay the course, resist the temptation to give in to self-doubt, galvanize energy in the face of any challenge, turn pain into power, and keep moving toward any personal or professional objective.

Forensic Psychiatrist Keith Ablow, MD (www.keithablow.com) and Licensed Private Detective Mark Chauppetta (www.markchauppetta.online) are the hosts of the Violent Minds Podcast (www.violentminds.com), as well as consultants to individuals and industry on tenacity and resilience. Together, they make organizations able to weather any storm, see challenges as opportunities and find the internal resolve to win, even when the odds seem to be against them.

Why are these Violent Minds able to create the synergy they do?



Dr. Ablow's training in neuroscience at Brown University, medical school at Johns Hopkins and psychiatry at Tufts/New England Medical Center, along with his work delving into the minds of some of the most powerful individuals in the world, gives him incredible insight into the psychology of strength. Add to it his own personal and professional challenges, and he is one-half of the "Keep Going, Get it Done, No Matter What" dynamic duo.



Mark Chauppetta's work as a private investigator, documentary film producer and mixed martial arts fighter, together with his ceaseless efforts to instill strength in his twin sons born with muscular dystrophy, have honed him into a relentless fighter. This burrower for the truth knows all about reservoirs of power in the human body and psyche and how to move others to deploy the internal will to win—in life or at work

The Violent Minds message, delivered through anecdotes from the career of each, lively exchanges between the two and lessons from recent and remote current events and history is:

- Get to the truth, about any situation
- Use the non-fiction version of any challenge to clearly see your path forward
- Anticipate resistance: The best ideas and noblest causes create the most resistance
- Celebrate challenges: The image of a happy warrior is iconic, for a reason
- 1 + 1 = 11: Cultivate the incredible synergy that results from true teamwork.

HOW TO KEEP GOING AND GET IT DONE, NO MATTER WHAT is available to audiences in 30-minute, 60-minute and 90-minute formats.